

BWYDLEN TERAS A BAR

BRECHDANAU

12.00 - 14.00

BARA FFRENGIG

Ham gamon rhost a mwstard grawn Cymreig	8.00	Cranc, afocado a thomato	11.00
Eog wedi'i gochi a chiwcymbr	8.00	Cesar cyw iâr	11.00
Perl Wen, berwr y gerddi, nionod coch	8.00	Cyw iâr, bacwn a berwr y gerddi	11.00
Wyau buarth gyda sibol	8.00	Coctel corgimychiaid	11.00
Bara surdoes cartref gyda menyng Tŷ Tanglwyst	3.00	Caws gafr Pantysgawen, pupurau coch rhost a salad berwr y gerddi	11.00

PLATEIDIAU BACH

Caws blodfresych hufennog gyda blodfresych mewn cyteu gyda thryfflau	8.00	Cacen bysgod, ciwcymbr picl, saws cranc a dil	9.50
Terŷn o bastai porc a phistasio, saws brown cartref, llysiau picl	9.50	Salad marchysgall, tomatoes peilliad agored, salad olifau gyda chnau pîn a brenhinllys	9.50
Ŵy crimp hwyaden, pate coes hywaden, 'parfait' iau, saws eirion sych, bara surdoes	9.50	Eog sglein miso gyda betys, orennau a wasabi	9.50

PLATEIDIAU MAWR

Syrlwyn eidion lleol, nionod wedi'u brwysio mewn cwrw, tomatos, madarch, saws gwyrdd	22.00	Lledn mewn menyng, cynn carw'r môr, brocoli ac almwns	18.00
Lwyn porc, 'kimchi', stiwb pîn-afal ac ŵy buarth wedi'i ffrio	18.00	Ysbinbysg y môr gyda risotto cregyn a lemon rhost gyda salad dil a ffenigl	18.00
Byrger oen Cymreig, enllyn selsyg merguez, caws ffeta, iogwrt mintys	16.00	Lasagne agored madarch gwyllt a seleriac gyda sbigoglys a briwsion cnau cyll	16.00

ARCHEBION NAILL OCHR

Sglodion cartref	3.00	Tatws newydd a menyng mintys	3.00
Pys a ffa llydain mewn menyng	3.00	Brocoli piws wedi'i ologi	3.00
Moron rhost lemon a theim	3.00	Letys calon-grych gyda dresin Cesar	3.00

MELYSFWYD A CHAWS

Tarten lemon, hufen tolch a thaffi brau	7.00	Crème caramel	7.00
Cacen gaws siocled gwyn, mefus, pistasio	8.00	Proffiterolau banana, saws siocled, hufen iâ caramel	7.00

Detholiad o gawsiau ffermydd Cymreig gyda bisgedi a siytni 11.00

ALLERGENAU

Gofynnir inni nodi'r 14 alergen ganlynol: Seleri, Grawnfwyd glwtennog, Cramenogion, Wyau, Pysgod, Bysedd y blaidd, llefrith, Molysgiaid, Mwstard, Cnau, Pysgnau, Hadau sesame, Soia, Sylffwr deuocsid. Paratoir y bwyd mewn cegin lle mae rhai o'r alergenau uchod yn bresennol. Ni allwn gynnwys manylion pob cynhwysyn ar y fwydlen. Ceir gwybodaeth am alergenau bwyd ar daflen ar wahân os gofynnwch i aelod o'r staff. Os oes gennych alergedd bwyd rhowch wybod inni cyn ichi archebu.

BAR & TERRACE MENU

SANDWICHES

12.00 - 14.00

BAGUETTES

Roasted gammon ham, Welsh grain mustard	8.00	Crab, avocado and tomato	11.00
Smoked salmon and cucumber	8.00	Chicken Caesar	11.00
Perl Wen soft cheese, rocket, red onion	8.00	Chicken, Bacon & Rocket	11.00
Free range egg with spring onion	8.00	King Prawn Cocktail	11.00
Home baked sourdough with Tŷ Tanglwyst Welsh butter	3.00	Pantysgawen goat's cheese, roasted red pepper chutney & rocket salad	11.00

SMALL PLATES

Cauliflower cheese volouté with tempura cauliflower and truffle	8.00	Fishcake, pickled cucumber, brown crab emulsion and dill	9.50
Pork pie and pistachio terrine, home-made brown sauce, pickled vegetables	9.50	Artichokes à la grecque, heritage tomatoes, olive salad with pine nuts and basil	9.50
Crispy local duck egg, duck leg rilette, liver parfait, prune ketchup & sourdough	9.50	Miso glazed salmon, beetroot, orange & wasabi	9.50

LARGE PLATES

Welsh sirloin steak, onions braised in No.6 ale, confit tomato, mushroom, salsa verde	22.00	Sole beurre noisette, samphire broccoli and almonds	18.00
Pork loin, kimchi, confit pineapple and local free range fried egg	18.00	Stone bass with a shellfish & roasted lemon risotto, dill and fennel salad	18.00
Welsh lamb burger, merguez sausage relish, feta, mint yoghurt	16.00	Wild mushroom & celeriac open lasagne with spinach and hazelnut crumb	16.00

SIDE ORDERS

Hand cut chips	3.00	New potatoes with mint butter	3.00
Buttered peas and broad beans	3.00	Charred purple sprouting broccoli	3.00
Lemon & thyme roasted carrots	3.00	Little gem lettuce with Caesar dressing	3.00

DESSERTS & CHEESE

Lemon tart, clotted cream and honeycomb	7.00	Crème caramel	7.00
White chocolate cheesecake, strawberry, pistachio	8.00	Banana profiteroles, chocolate sauce, caramel ice cream	7.00

Selection of Welsh artisan cheese with biscuits and chutney 11.00

ALLERGENS

We are required to list the following 14 food allergy items: Celery, Cereals containing gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame seeds, Soya, Sulphur dioxide. Food is prepared in kitchens where these food allergens are present. Our menu cannot include details of all ingredients. A sheet detailing all food allergens used in each dish is available on request. If you have a food allergy please make this known before ordering.